

Utilizing Security Frameworks Effectively

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**C|CISO, CISSP, CSSLP, CCSK,
Boardroom Certified QTE**

Proofpoint:

- Resident CISO, Financial Services

Bank of America:

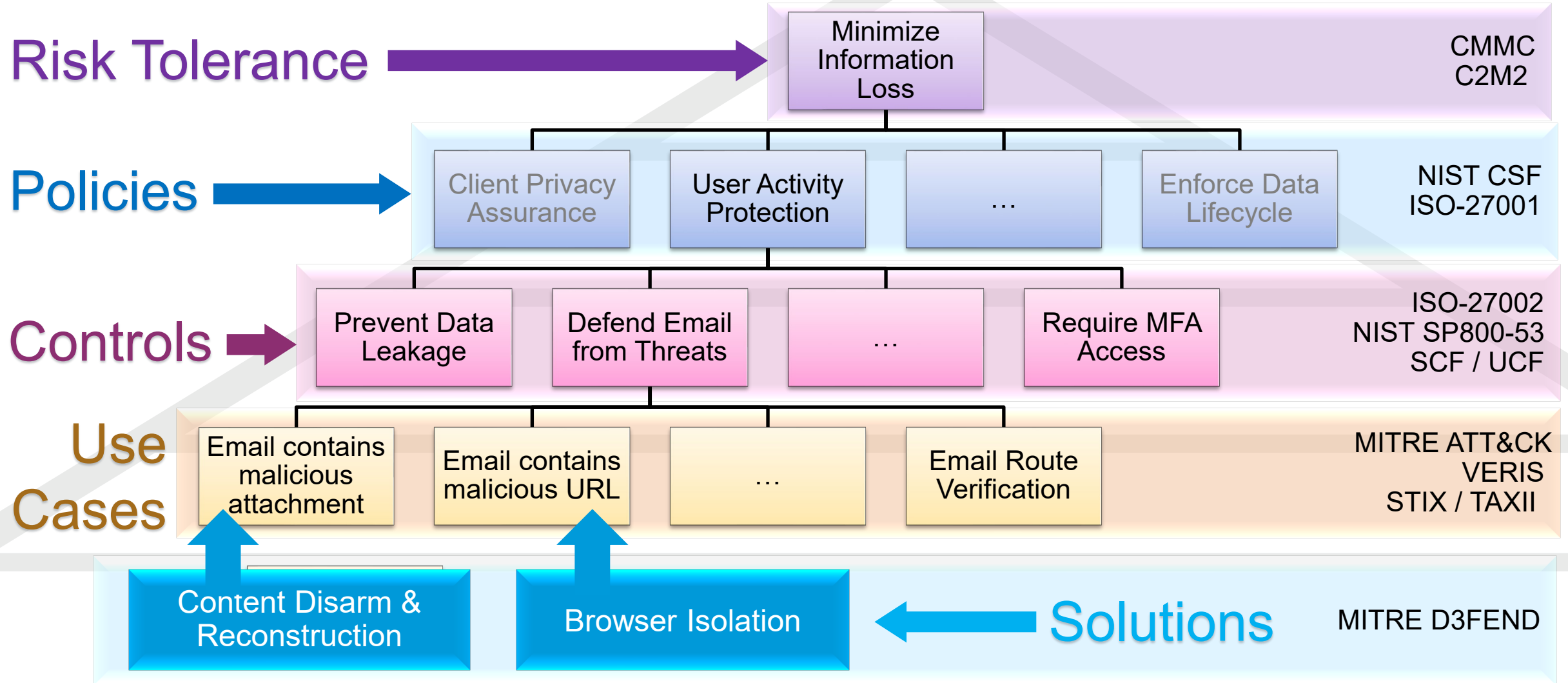
- Lead, Zero-Trust Strategy & Architecture
- SVP, Security Innovation Team
- Head of Security Technology Assessment Team
- BISO, Global Markets (Merrill Lynch)

Bloomberg:

- CISO for BloombergBlack (Personal Wealth)
- Senior Security & Risk Advisor

TL;DR

Frameworks



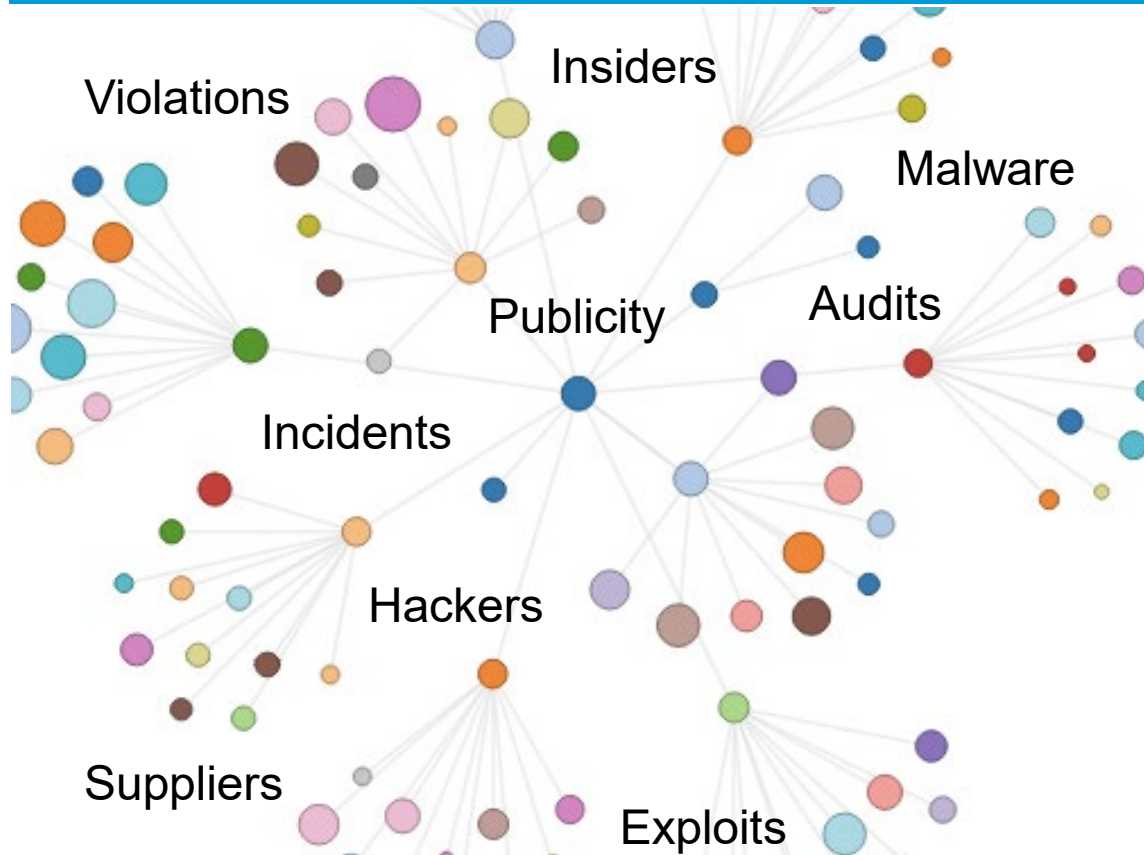


The Need for Frameworks

CISO / C-Level Security Reporting

Squirrel-Based Management

Our Reality



The Plan

Cyber Security Management

- Policies, GRC, 3rd party risk

Cyber Security Operations / Defense

- SOC, Threat Intel, Red Teams

Cyber Security Technology

- DLP, CASB, Endpoint Security

Cyber Security Outreach

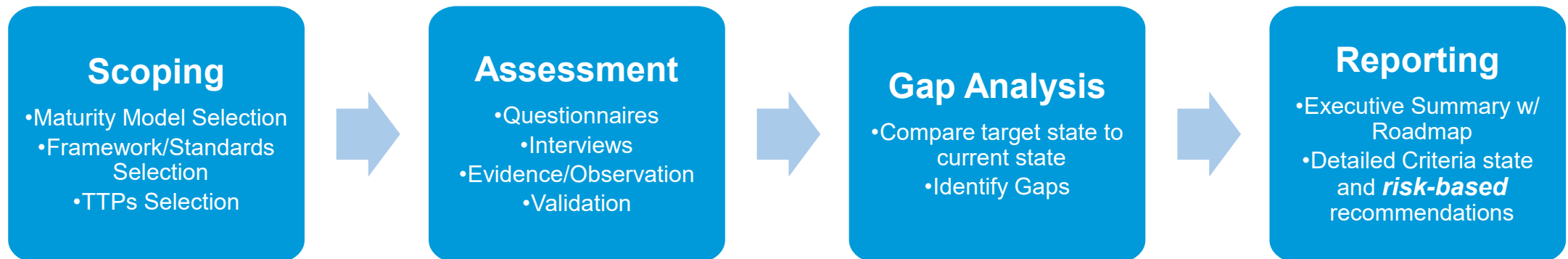
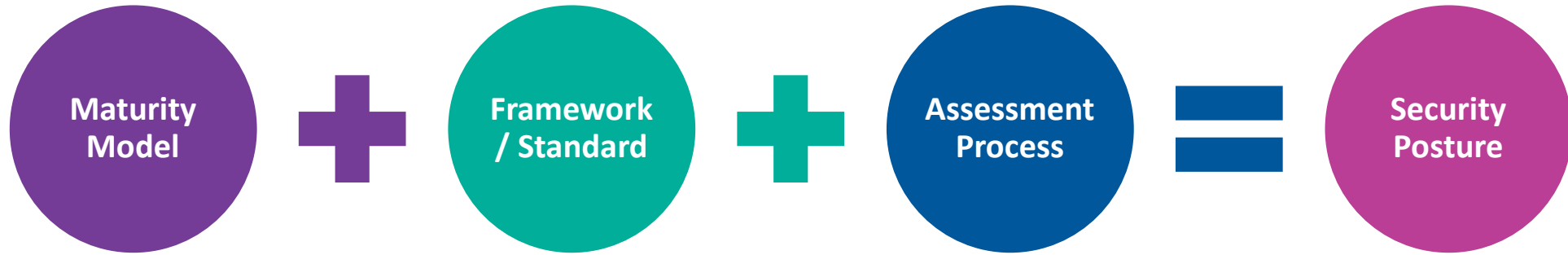
- Education, Notifications

Cyber Security Reporting

- Audit, Compliance, Legal Counsel, Board

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Defining Security Posture



Sidebar → Service Organization Control (SOC) reports

AICPA audits to verify data center operational and security excellence

SOC1

- Focus:
Governance and Procedures
- Validating ISMS (i.e. ISO-27001)
- Proper Documentation
- Oversight of the organization
- Internal corporate governance and risk management processes

SOC2

- Focus:
Process Execution and Control Effectiveness
- Validating Security Controls (i.e. ISO-27002)
- Vendor management
- Regulatory oversight
- Details gaps and vulnerabilities

SOC3

- Focus:
Assurance of Operational Excellence
- Attestation of SOC1 and/or SOC2 examination without disclosing details



Maturity Models, Frameworks & Standards

Maturity Models

- Maturity models represent theories of stage-based evolution of self-improvement.
- As-is assessments of the current capabilities with respect to given criteria.

Assessment Goals

How mature are our security processes?
Where are our strategic gaps?

Model	Description	Focus
Capability Maturity Model (CMMI)	Process level improvement training and appraisal program.	Universal
Portfolio, Programme and Project Management Maturity Model (P3M3)	Evaluates how it delivers its projects, programmes and portfolio(s).	Project Management
Quality Management Maturity Grid (QMMG)	Benchmark with respect to service or product quality management.	Quality
Capability Maturity Model (CMM)	Measure the degree of formality and optimization of software development processes.	Software Development
Cybersecurity Maturity Model Certification (CMMC)	US Department of Defense standard for measuring effectiveness based on process and reporting.	Technology & Processes
Cybersecurity Capability Maturity Model (C2M2)	US Department of Energy standard for measuring effectiveness based on relevancy and impact.	Technology, Processes & People

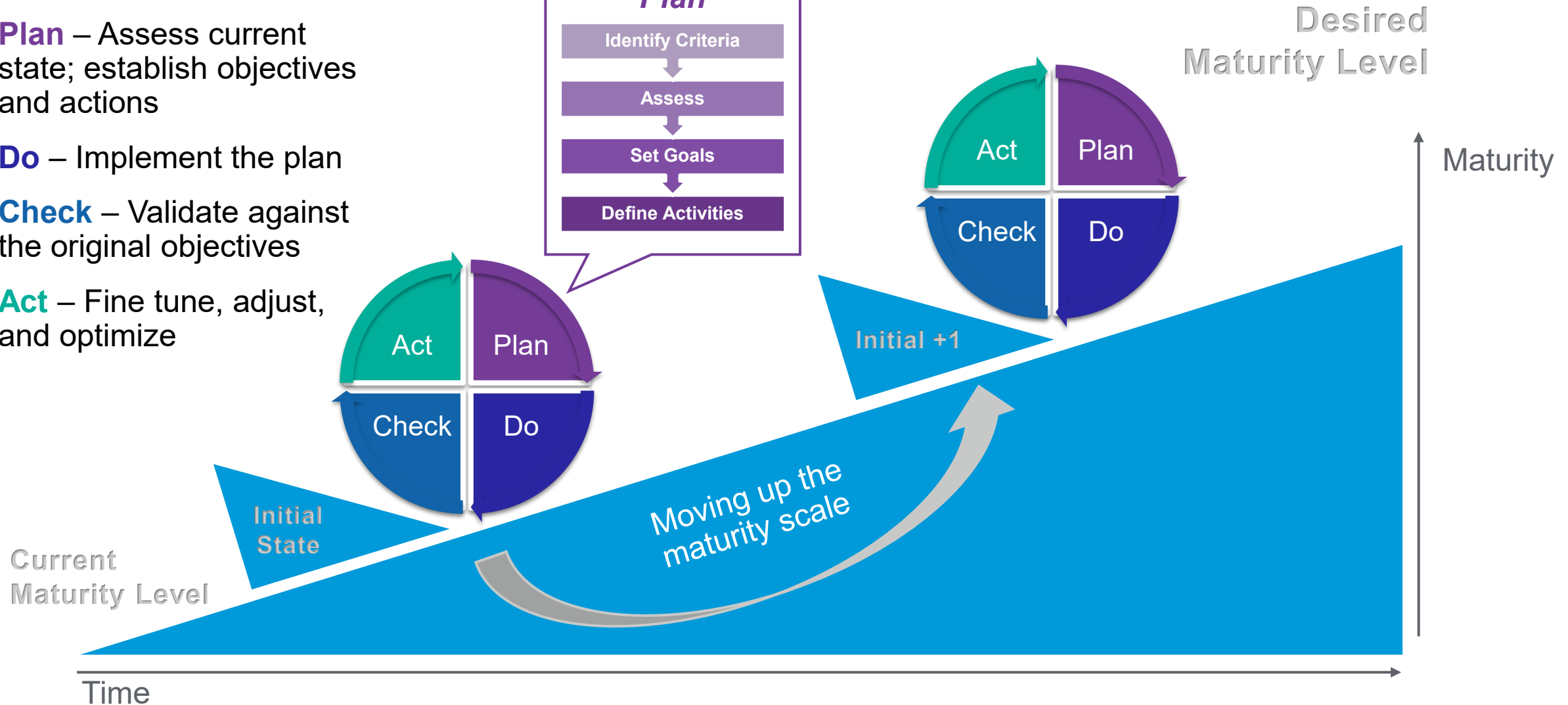
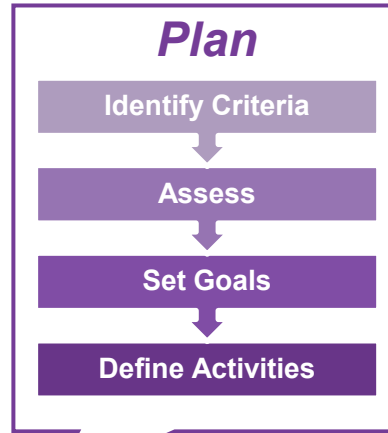
Maturation Process

Plan – Assess current state; establish objectives and actions

Do – Implement the plan

Check – Validate against the original objectives

Act – Fine tune, adjust, and optimize



Sidebar → CMMC & C2M2

CMMC

Implementation

Initial

Developing

Defined

Maintained

Optimizing

C2M2

Resiliency

Ad-Hoc

Documented

Managed

Policied

Frameworks and Standards

- Cybersecurity frameworks and standards represent compliance-based criteria for control implementation.
- Target criteria, usually with risk-based specificity configuration options to facilitate meeting legal and regulatory requirements.

Implementation Goals

How relevant is our framework to our threats?
Are we in compliance?

Model	Description	Focus
NIST Cyber Security Framework (CSF)	Security threat and response categories.	Security Management
NIST Special Publication 800-53	Security controls and associated assessment procedures.	Federal Systems Security Controls
Payment Card Industry Data Security Standard (PCI DSS)	Information security for organizations that handle branded credit cards from the major card schemes.	Credit Card & Payment Systems
North American Electrical Reliability Corporation (NERC CIP)	Reliability standards for energy sector in North America.	Critical Infrastructure Protection (CIP)
ISO/IEC Information Security Management (ISO 27001)	Requirements for an information security management system (ISMS).	Security Management & Processes
ISO/IEC Information Security Controls (ISO 27002)	Reference for security controls within the process of implementing an Information Security Management System.	Security Controls
Security Controls Framework (SCF)	Generic reference for security controls, non-industry specific.	Security Controls
Unified Controls Framework (UCF)	Globally harmonized security controls, with cross references to international regulations and other standards.	International Security Controls
Cloud Controls Matrix (CCM)	Cloud-specific reference for security controls.	Cloud Security Controls

IOCs (Indicators of Compromise) & TTPs (Tactics, Techniques, and Procedures)

- Tactical vocabulary for offensive and defensive cybersecurity activities
 - Lack specificity to preventative detection and mitigation
 - Lack of comprehensive inclusion of human vectors, detection and mitigation.
 - Risk-based application reliant on mature organizational risk modeling framework being applied in tandem

Protection Goals

Do we address/defend against TTPs?
How well are we protected?

Model	Description	Focus
MITRE ATT&CK (Adversarial Tactics Techniques & Common Knowledge)	ATT&CK was created out of a need to systematically categorize adversary behavior as part of conducting structured adversary emulation exercises against endpoints.	Threat Tactics Categorizations
MITRE D3FEND	D3FEND estimates operational applicability, identifies strengths and weaknesses, and supports development of enterprise solutions comprising multiple capabilities.	Defensive Tactics Categorizations
Veris	Vocabulary for event recording and incident sharing. Extends ATT&CK TTPs – used for developing the annual DBIR	Incident Vocabulary
STIX (Structured Threat Information Expression)	Language and serialization format used to exchange cyber threat intelligence, complemented by the TAXII (Trusted Automated eXchange of Intelligence Information) protocol.	Threat Intelligence Vocabulary, Exchange Format and Protocol.



Inter-Framework Relationships

NIST CSF, MITRE ATT&CK, and D3FEND

NIST CSF v1.1

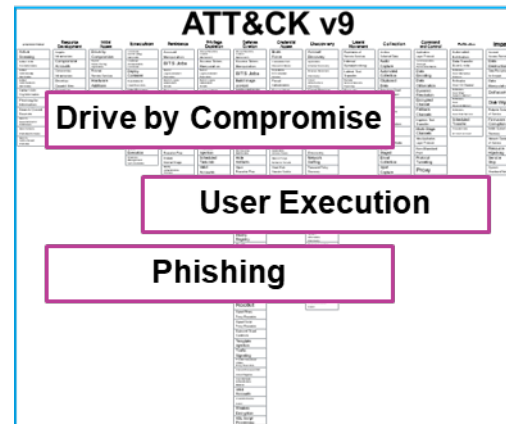
- Common language for understanding, managing, and expressing cybersecurity risk
- Identify and prioritize actions for reducing risk
- Tool for aligning policy, business, and technology



MITRE ATT&CK v9

- Knowledge base of offensive/adversary IOCs & TTPs.
- Foundation for the development of specific threat models methodologies.

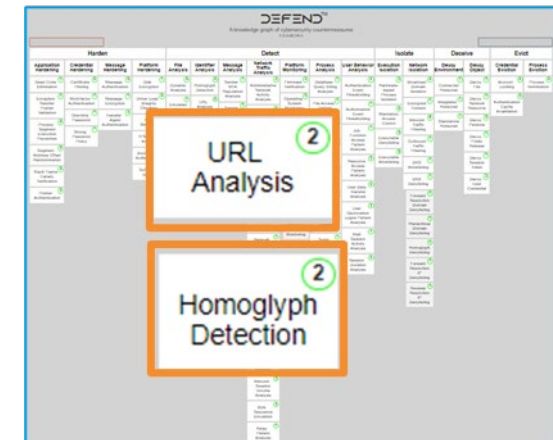
Offensive Model



MITRE D3FEND v0.9.3-BETA-1

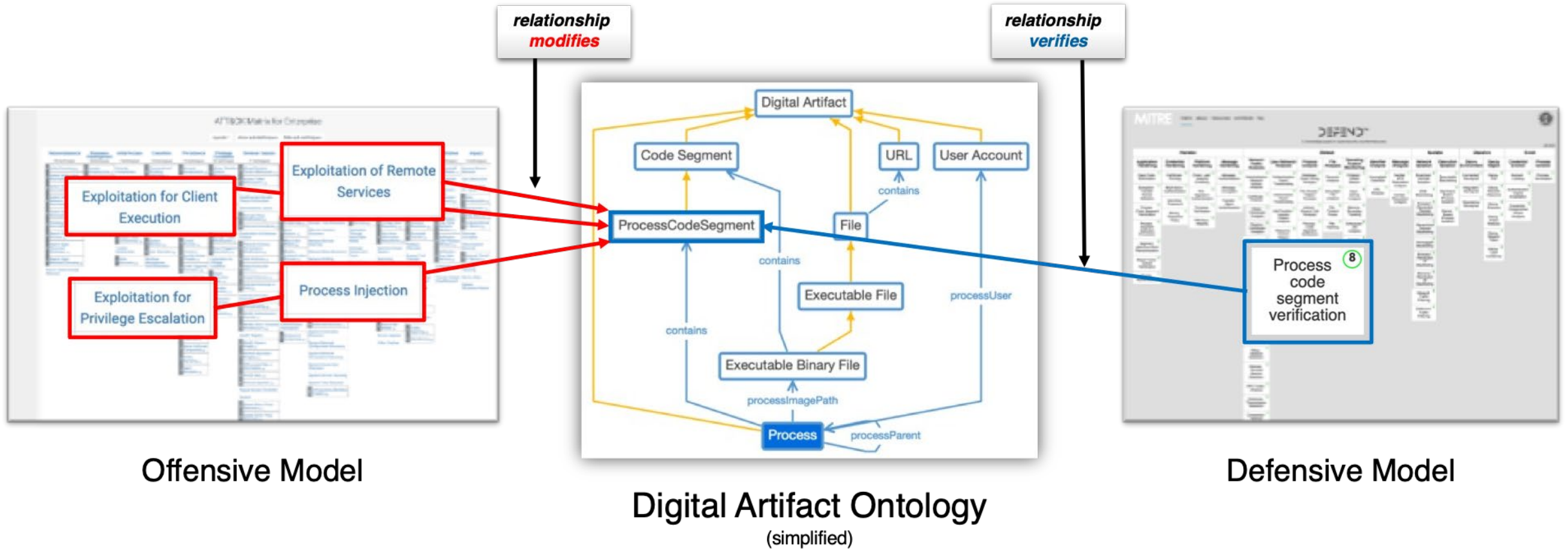
- Knowledge base of cybersecurity countermeasure techniques.
- Catalog of defensive cybersecurity techniques/relationships to ATT&CK.

Defensive Model



Focus on *endpoint* protection

MITRE ATT&CK / D3FEND Digital Artifact Ontology



Example: MITRE Digital Artifact Ontology

Sub Classes:

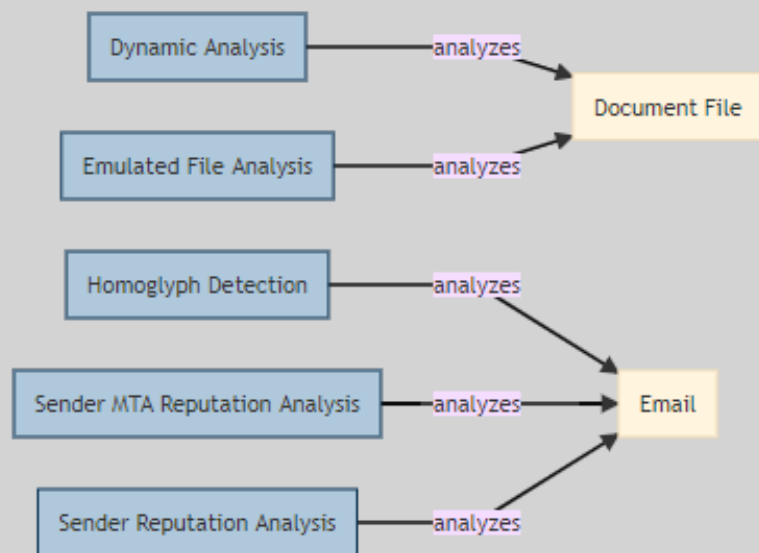
filtered

Document File

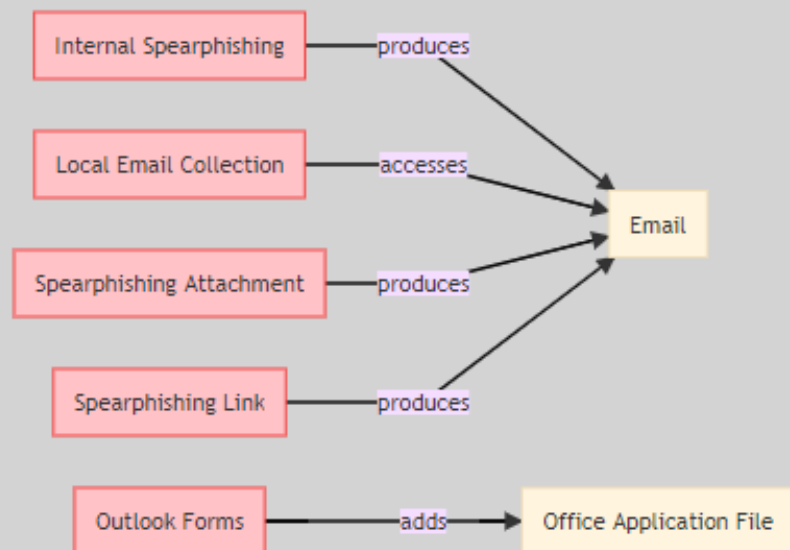
Email

Office Application File

Related Countermeasure Techniques:

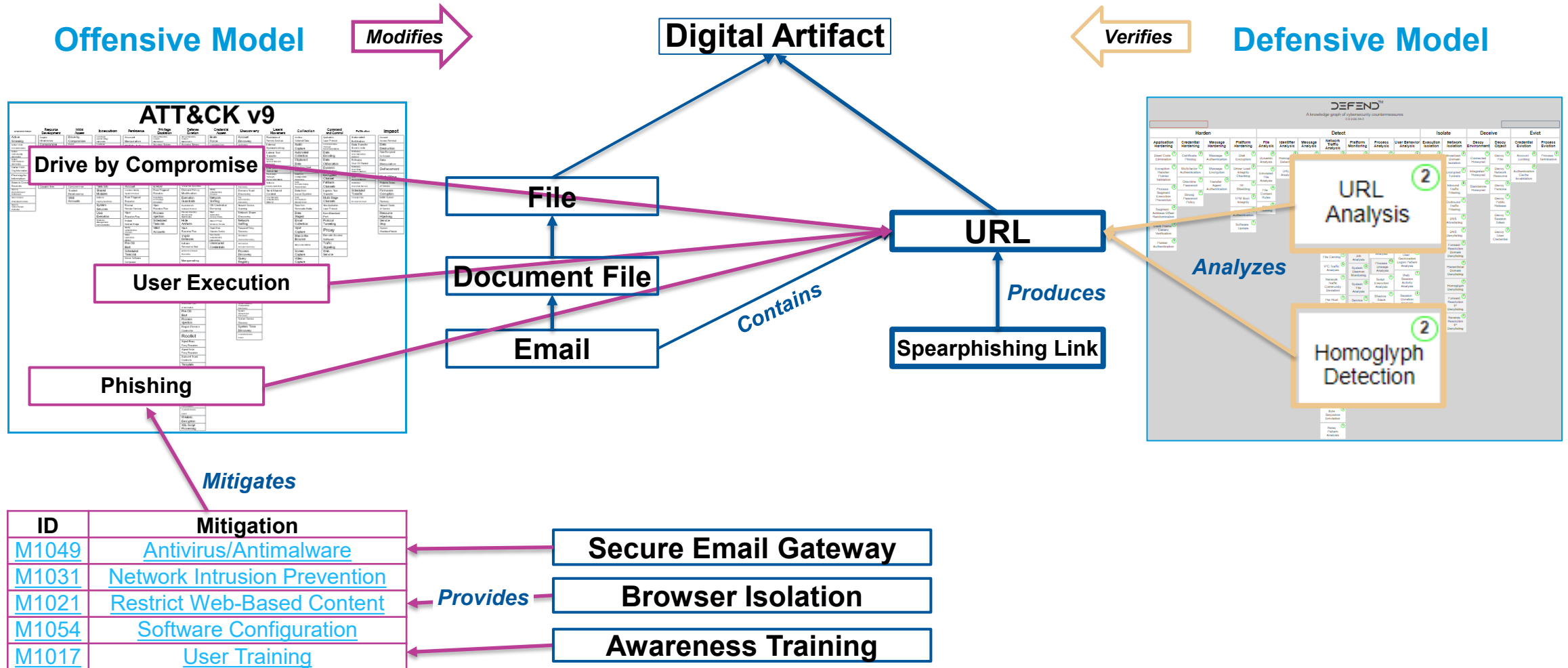


Related Offensive Techniques:



Reality: ATT&CK and D3FEND Framework Relationships

Digital Artifact Ontology





Frameworks & Assessment Methodologies

Assessment Functions



Governance, Risk, and Compliance

- Align Security Maturity targets to Business Objectives
- Establish and Maintain Policies
- Sponsor and Fund Security Initiatives
- Manage Capabilities and Portfolio

- Risk is aligned to ERM
- Risk management is proactively used for decision making
- KRIs and predictive risk analytics proactively used to identify & act
- Compliance and oversight assesses and enforces policies



People

- Leadership messaging aligns with culture
- People Centric Mindset
- People Centric threats are understood by the workforce
- Awareness and Training program are proactively implemented



Process

- Formal process exists and is documented.
- Detailed metrics of the process are captured and reported.
- Minimal target for metrics has been established and continually improving.
- Less than 1% of process exceptions occur.



Technology

- Fully integrated systems aligned to security strategy
- KPIs and KRIs are proactively used to identify and mitigate technology risk.
- Less than 1% of technology exceptions occur.

Assessment Functions and NIST CSF


To further support the management of risks associated with security-related events, organizations may choose to use Detect, Respond, and Recover Functions from the Cybersecurity Framework.

Function Unique Identifier	Function	Category Unique Identifier	Category
GR	Governance, Risk & Compliance	GR.BE	Business Environment
		GR.CO	Compliance and Oversight
		GR.GP	Governance Policies
		GR.IM	Inventory and Mapping
		GR.OE	Organizational Ecosystem Risk
		GR.RA	Risk Assessment
		GR.RM	Risk Management Strategy

Function Unique Identifier	Function	Category Unique Identifier	Category
DE	Detect	DE.AE	Anomalies and Events
		DE.CM	Security Continuous Monitoring
		DE.DP	Detection Processes
RS	Respond	RS.RP	Response Planning
		RS.CO	Communications
		RS.AN	Analysis
		RS.MI	Mitigation
		RS.IM	Improvements
RC	Recover	RC.RP	Recovery Planning
		RC.IM	Improvements
		RC.CO	Communications

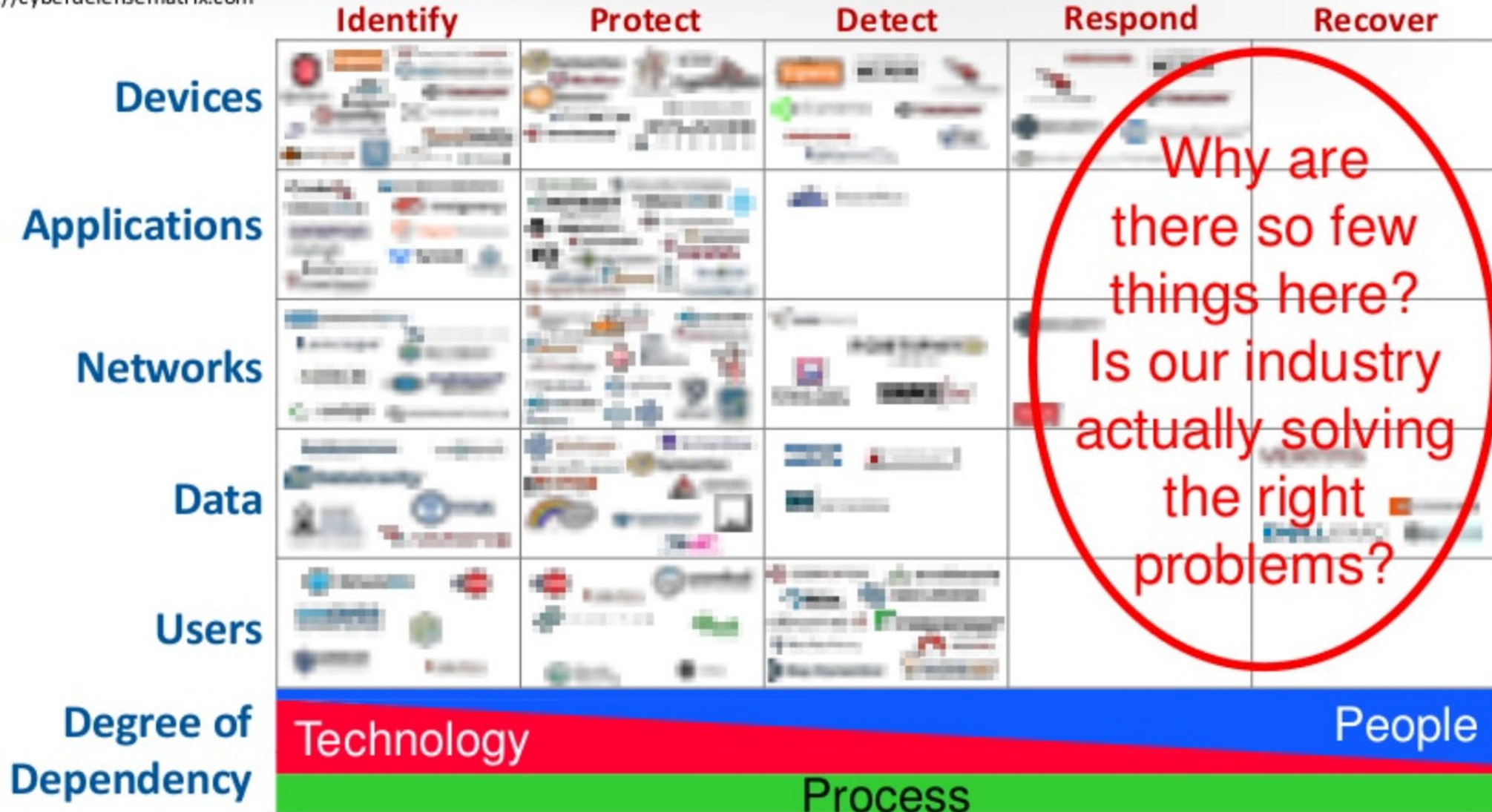
Function Unique Identifier	Function	Category Unique Identifier	Category
PL	People	PL.AT	Awareness and Training
		PL.RR	Roles and Responsibilities
PR	Process	PR.GP	Governance Processes and Procedures
		PR.AC	Identity Management, Authentication, and Access Control
		PR.AP	Associated Processing
		PR.DS	User Activity Data Security
		PR.MA	Maintenance
IT	Technology	IT.PM	PCS Management
		IT.PT	Protective Technology

Assessment Functions and Cyber Defense Matrix

	Identify	Protect	Detect	Respond	Recover
Devices					
Applications					
Networks					
Data					
Users					
Degree of Dependency					

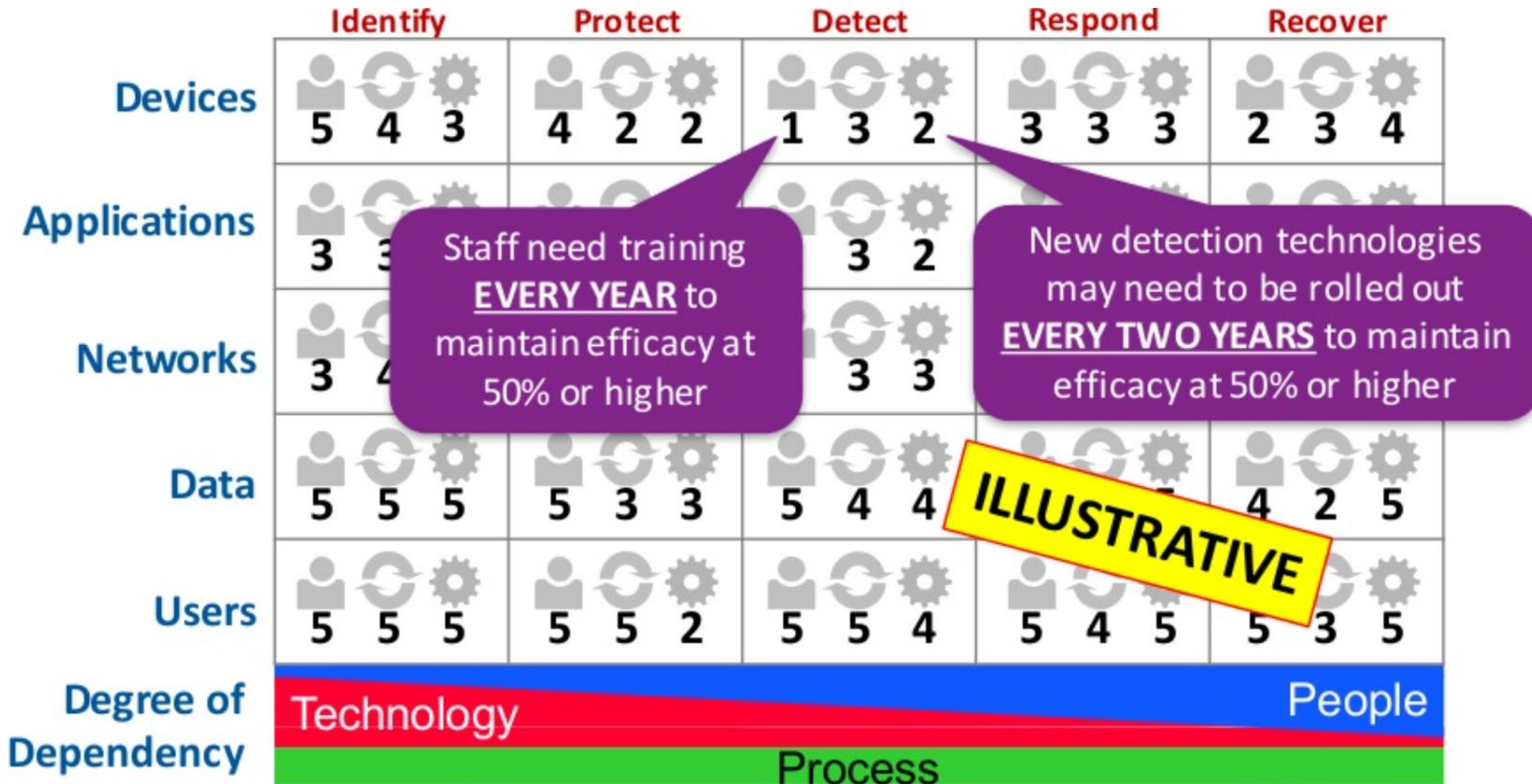
Cyber Defense Matrix – Security Solution Mapping

<https://cyberdefensematrix.com>



Source: Sounil Yu, RSA 2016

Cyber Defense Matrix: Resource Weighting Overlay



Cyber Defense Matrix: Resource Spend Overlay

	Identify	Protect	Detect	Respond	Recover	Totals (Asset Class)
Devices	20	30	40	40		130
Applications		20	10			30
Networks	20	20	30	10		80
Data	10	30	10		20	70
Users	30	30	20			80
Totals (Category)	80	130	110	50	20	390

Security Gaps? (Red arrows pointing up from Respond and Recover columns to Networks, Data, and Applications rows)

Overspend? (Purple arrows pointing down from Protect and Detect columns to Users and Totals (Category) rows)



Mapping Organizational Risks using Frameworks

Mapping Risks – Tower of Babel & Threat Modeling

Frameworks

Risk Tolerance



Minimize Information Loss

CMMC
C2M2

Policies



Client Privacy Assurance User Activity Protection ... Enforce Data Lifecycle

NIST CSF
ISO-27001

Controls



Prevent Data Leakage Defend Email from Threats ... Require MFA Access

ISO-27002
NIST SP800-53
SCF / UCF

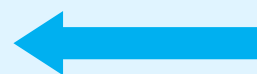
Use Cases

Email contains malicious attachment Email contains malicious URL ... Email Route Verification

MITRE ATT&CK
VERIS
STIX / TAXII

Content Disarm & Reconstruction

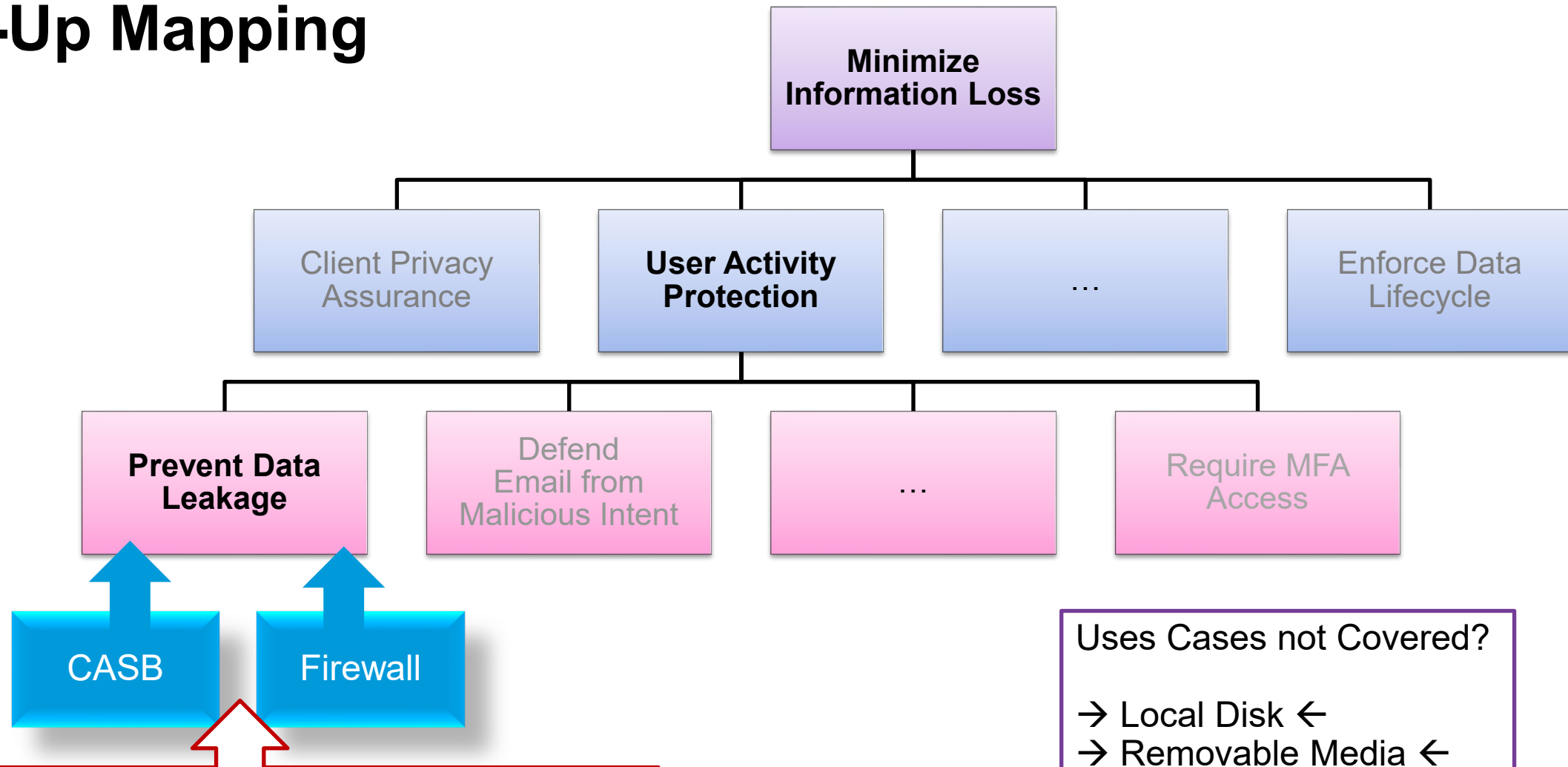
Browser Isolation



Solutions

MITRE D3FEND

Bottom-Up Mapping

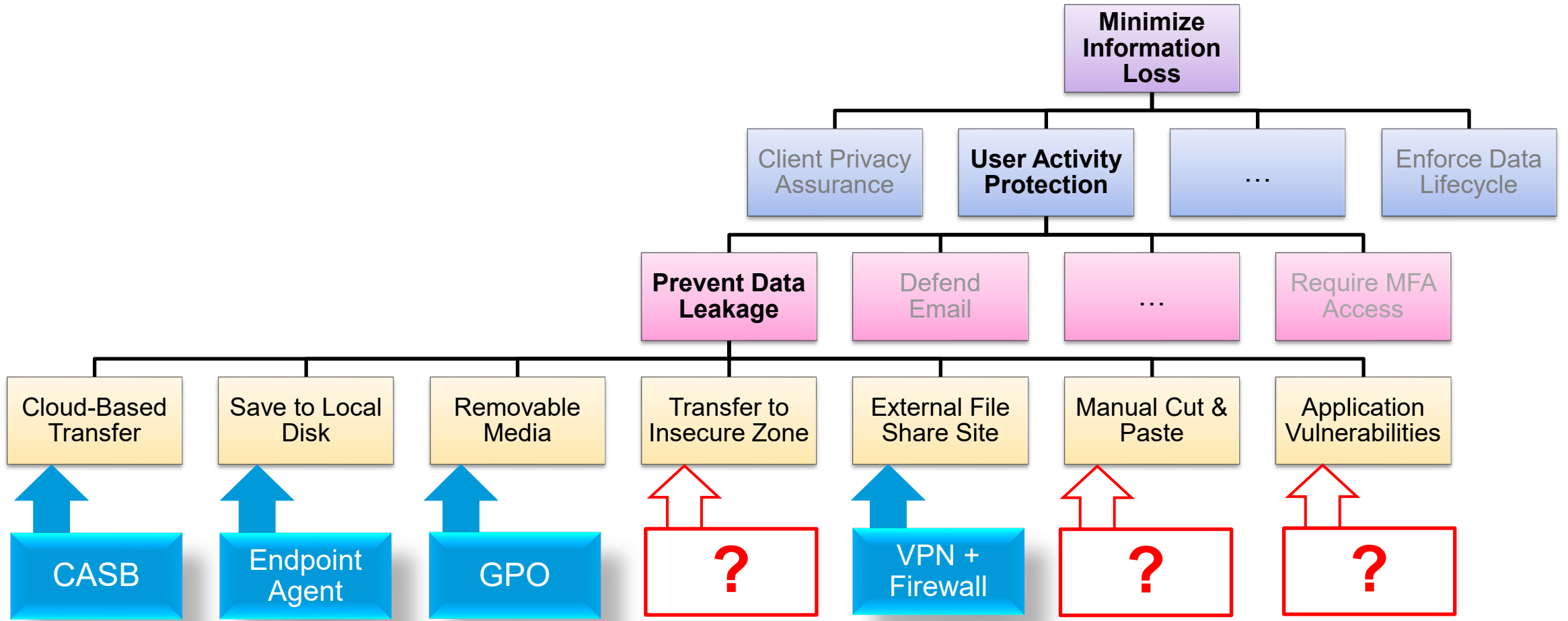


Even Multiple Solutions Only Cover a Partial Set of Use Cases

Uses Cases not Covered?

- Local Disk ←
- Removable Media ←
- Internal File share ←
- External File share ←

Top-Down Mapping



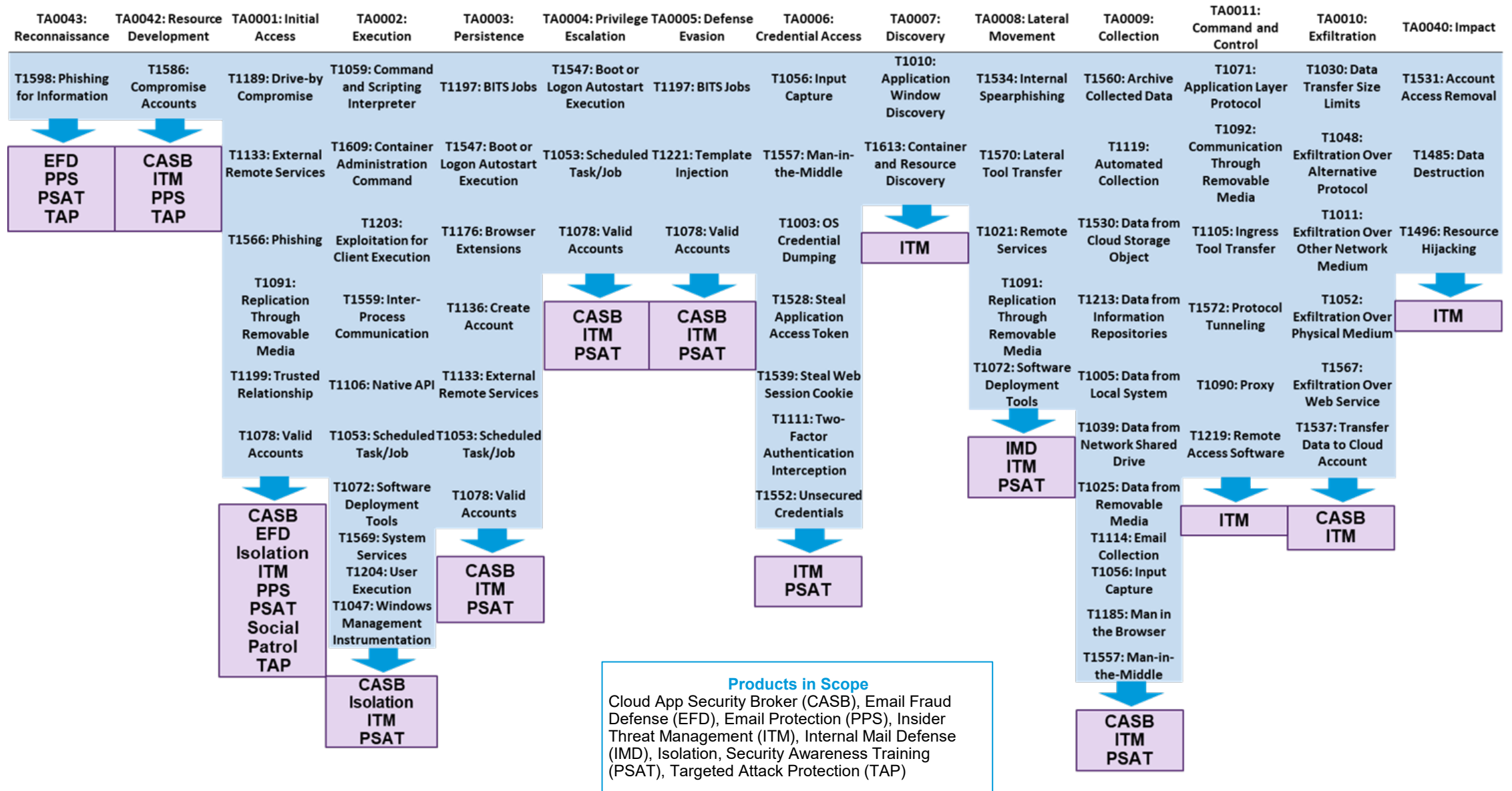
Mapping Risks – NIST CSF

Identify		Protect		Detect		Respond		Recover	
Asset Management (ID.AM)		Identity Management, Auth & Access Control (PR.AC)		Information Protection Processes and Procedures (PR.IP)		Anomalies & Events (DE.AE)		Communications (RS.CO)	
ID.AM-1	ITM	PR.AC-1	Enterprise Archive, ITM	PR.IP-1	Browser Isolation, ITM, ET Pro	DE.AE-1	CASB, Email Protection, ITM, Security Awareness Training	RS.CO-2	Threat Response
ID.AM-2	CASB, ITM	PR.AC-3	ITM	PR.IP-3	ITM	DE.AE-2	CASB, Email Protection, ET Intel, ET Pro, ITM, PTIS, Security Awareness Training, TAP, Threat Response	Analysis (RS.AN)	
ID.AM-5	Enterprise Archive, ITM	PR.AC-4	CASB, ITM	PR.IP-4	Browser Isolation, CASB, EFD, Email Protection, Enterprise Archive, ITM, Security Awareness Training, TAP, Threat Response, TRAP	DE.AE-3	Email Protection, ET Intel, ET Pro, Enterprise Archive, ITM, PTIS, Security Awareness Training, TAP, Threat Response	RS.AN-1	CASB, EFD, Email Protection, ITM, TAP, Threat Response, TRAP
Business Environment (ID.BE)		PR.AC-5	Browser Isolation, ET Pro	PR.IP-6	EFD, Enterprise Archive	DE.AE-4	Email Protection, ET Intel, ET Pro, ITM, PTIS, TAP	RS.AN-2	CASB, Email Protection, ET Intel, ET Pro, ITM, TAP, Threat Response, TRAP
ID.BE-1-3	PTIS	PR.AC-6	ITM	PR.IP-7	Browser Isolation, Email Protection	DE.AE-5	CASB, Email Protection, ET Intel, ET Pro, Enterprise Archive, ITM, TAP, Threat Response	RS.AN-3	Email Protection, Enterprise Archive, ET Intel, ITM, PTIS, TAP, Threat Response, TRAP
Governance (ID.GV)		PR.AC-7	CASB, ITM	PR.IP-11	Security Awareness Training	Security Continuous Monitoring (DE.CM)		RS.AN-4	CASB, Email Protection, ITM, PTIS, TAP, Threat Response, TRAP
ID.GV-1	ITM	Awareness & Training (PR.AT)		Protective Technology (PR.PT)		DE.CM-1	Browser Isolation, CASB, Email Protection, TAP	RS.AN-5	ITM, Security Awareness Training
Risk Assessment (ID.RA)		PR.AT-1	ITM, Security Awareness Training	PR.PT-1	CASB, Email Protection, Enterprise Archive, ITM, TAP, Threat Response	DE.CM-2	ITM	Mitigation (RS.MI)	
ID.RA-1	ET Intel, ET Pro, Security Awareness Training	PR.AT-2	ITM, Security Awareness Training	PR.PT-2	Email Protection, ITM	DE.CM-3	Browser Isolation, CASB, Email Protection, ITM, Security Awareness Training, TAP	RS.MI-1	Browser Isolation, CASB, Email Protection, ITM, TAP, Threat Response, TRAP
ID.RA-2	Browser Isolation, CASB, EFD, Email Protection, ET Pro, PTIS, Security Awareness Training, TAP, Threat Response	PR.AT-3	ITM, Security Awareness Training	PR.PT-3	Browser Isolation, CASB, Email Protection, ET Intel, ET Pro, Enterprise Archive, ITM, TAP, Threat Response	DE.CM-4	Browser Isolation, CASB, Email Protection, ET Intel, ET Pro, TAP	RS.MI-2	Browser Isolation, CASB, Email Protection, ET Intel, ET Pro, ITM, TAP, Threat Response, TRAP
ID.RA-3	Browser Isolation, CASB, EFD, Email Protection, ET Intel, ET Pro, ITM, PTIS, Security Awareness Training, TAP	PR.AT-4	ITM, Security Awareness Training	PR.PT-4	ET Intel, ET Pro, ITM	DE.CM-5	CASB, Email Protection, ET Intel, ET Pro, TAP	RS.MI-3	ET Intel, ET Pro, ITM, TAP
ID.RA-4	CASB, EFD, Email Protection, RT Intel, ET Pro, ITM, PTIS, TAP	PR.AT-5	ITM, Security Awareness Training	PR.PT-5	Browser Isolation, CASB, EFD, Email Protection, Enterprise Archive, ITM, Security Awareness Training, TAP, Threat Response, TRAP	DE.CM-6	CASB, Email Protection, ET Intel, ET Pro, ITM	Improvement (RS.IM)	
ID.RA-5	Browser Isolation, CASB, EFD, Email Protection, ET Intel, ET Pro, ITM, PTIS, TAP, Threat Response, TRAP	Data Security (PR.DS)				DE.CM-7	CASB, Email Protection, ET Intel, ET Pro, ITM	RS.IM-2	ITM
ID.RA-6	Browser Isolation, CASB, EFD, Email Protection, ITM, PTIS, TAP, Threat Response, TRAP	PR.DS-1	Browser Isolation, CASB, EFD, Enterprise Archive, ITM, Threat Response			DE.CM-8	ET Intel, ET Pro, Security Awareness Training, TAP		
Risk Management (ID.RM)		PR.DS-2	CASB, EFD, Email Protection, Enterprise Archive, ITM, TAP			Detection Processes (DE.DP)			
ID.RM-2	ITM	PR.DS-4	EFD, Enterprise Archive			DE.DP-2	CASB, EFD, Email Protection, ITM, Security Awareness Training, TAP, Threat Response, TRAP		
Supply Chain Risk Management (ID.SC)		PR.DS-5	Browser Isolation, CASB, ITM			DE.DP-3	Browser Isolation, CASB, Email Protection, Enterprise Archive, ITM, Security Awareness Training, TAP, Threat Response, TRAP		
ID.SC-2	EFD	PR.DS-6	Enterprise Archive, ET Intel, ET Pro			DE.DP-4	CASB, Email Protection, Enterprise Archive, ITM, TAP		
ID.SC-4	Enterprise Archive, ITM	PR.DS-7	Browser Isolation, CASB, EFD, Email Protection, Enterprise Archive, ITM, TAP, Threat Response, TRAP			DE.DP-5	CASB, Email Protection, Enterprise Archive, ITM, TAP, Threat Response		

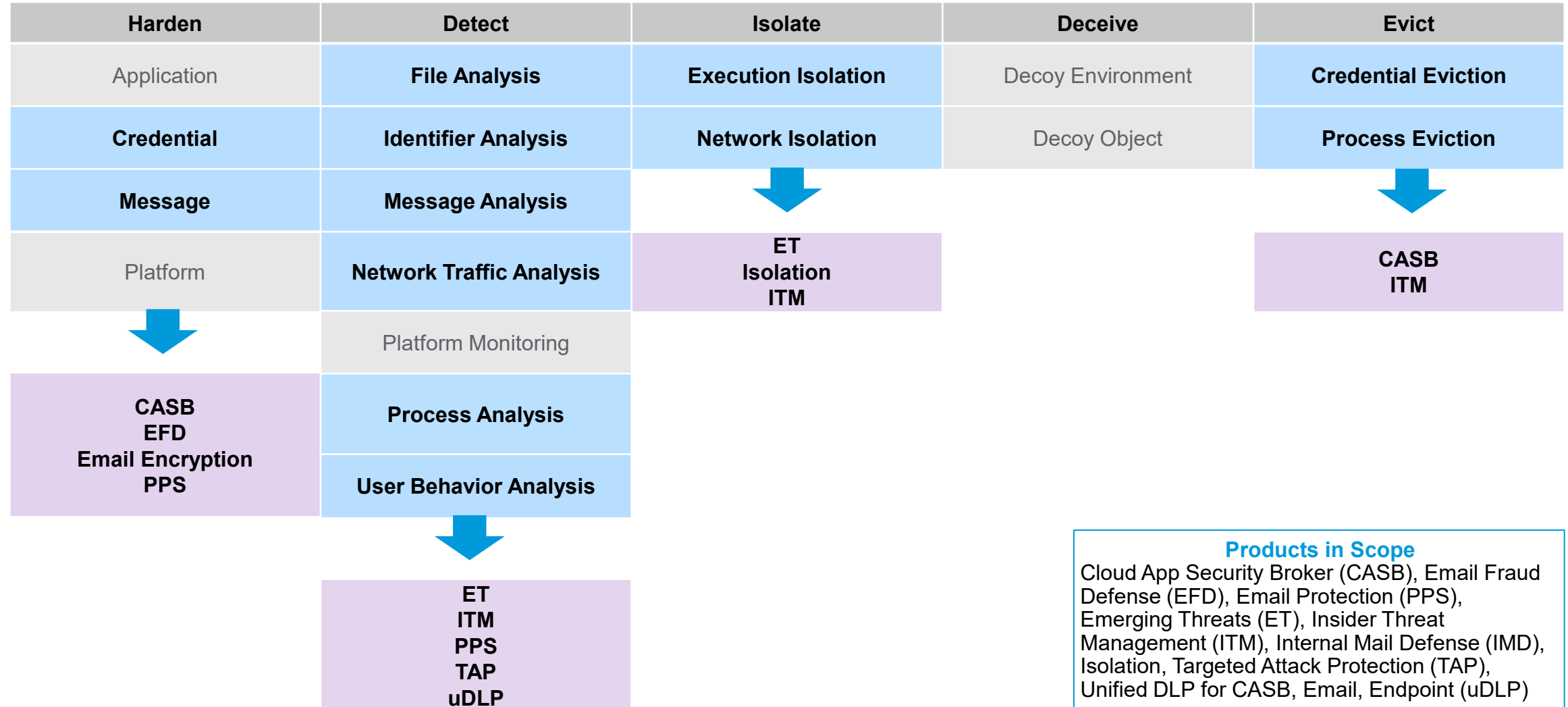
Products in Scope:

Browser Isolation, Cloud App Security Broker (CASB), Email Encryption, Email Protection, Enterprise Archive, ET Intel, ET Pro, Insider Threat, Premium Threat Information Service (PTIS), Phishing Simulation Awareness Training (PSAT), Targeted Attack Protection (TAP), Threat Response, Threat Response Auto-Pull (TRAP), Unified DLP (U-DLP)

Mapping Risks – MITRE ATT&CK



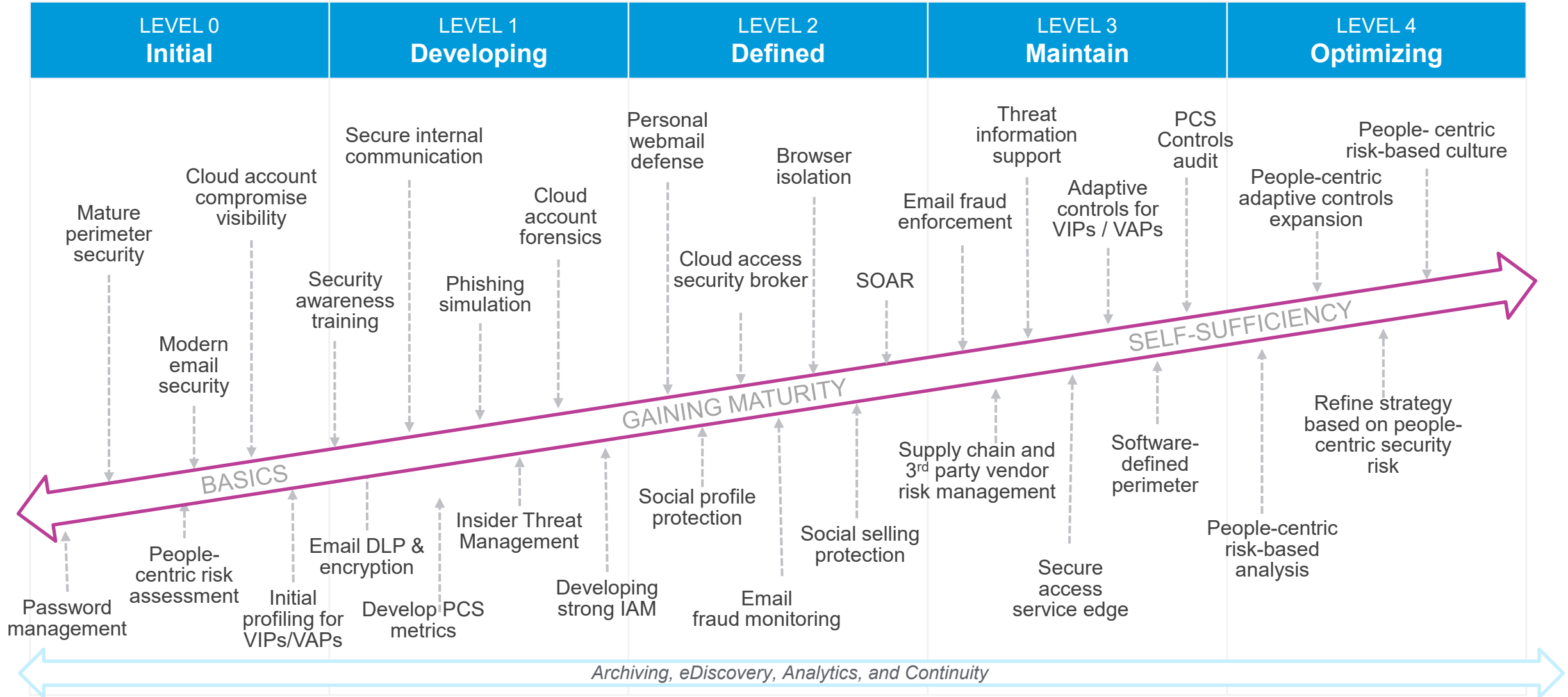
Mapping Risks – MITRE D3FEND v0.9.3-BETA-1



Mapping Risks – Cyber Defense Matrix

	Identify	Protect	Detect	Respond	Recover
Devices		IAM AV, HIPS	Endpoint Visibility and Control / Endpoint Threat Detection & Response		
Applications	Configuration and Systems Management	App Sec (SAST, DAST, IAST, RASP), WAFs			
Networks	Netflow	Network Security (FW, IPS)	DDoS Mitigation IDS Full PCAP		
Data	Data Labeling	Data Encryption, DLP	Deep Web, Brian Krebs, FBI	DRM	Backup
Users	Phishing Simulations	Phishing Awareness	Insider Threat / Behavioral Analytics		
Degree of Dependency	Technology			People	
	Process				

Mapping Risks – Maturity Modeling





Key Takeaways

Key Takeaways

